

Essence: Sweet children, perform every action whilst being sensible. Be careful that Maya doesn't make you perform sinful actions.

Question: What must you imbibe in order to glorify the Father's name?

Answer: In order to glorify the Father's name, be trustworthy and faithful. Do service with honesty. Become the flowing Ganges and continue to give everyone the Father's message. Totally control your physical senses, renounce all desires, behave according to the disciplines and don't be lazy. First of all imbibe knowledge and yoga and then you will be able to glorify the Father's name.

Song: What has happened to human beings of today?

Om shanti. This is the condition of Bharat of today. In this one (this song), they are illustrating the fallen condition of Bharat. In another song, they also sing praise of Bharat. The world doesn't know these things. Amongst you children too, some of you understand that Bharat was 100% sensible and that now Bharat has become 100% senseless. It remains 100% sensible for 2500 years and then it becomes completely senseless. It takes the full half cycle for it to become senseless. Only the one Father then makes sensible those who have become completely senseless. When people do something senseless, their conscience bites them. Sins that have been committed are remembered. You should now do something with understanding. Be very careful that you don't do anything without understanding. Maya attacks in such a way that you don't even realise it. There is also semi-intoxication of lust. Children write: Baba, storms come. The storm of lust is no less. Many types of intoxication make your head hot-tempered. Love for the body is also like that and it pulls the intellect. When there isn't complete yoga and your stage is weak, a lot of damage is caused. Baba receives many *reports*. The storms are very strong. Greed also harasses a great deal and it makes you act unlawfully. Just as those people are renunciates, you too are renunciates. They are hatha yogis and you are Raja Yogis. They too are numberwise. Some just stay in their little huts and food is sent to them there or they ask for it to be sent there. When the vices are renounced, purity pulls human beings. It is numberwise amongst them also. Here too, the strength of the power of knowledge and yoga is required. The more you stay in yoga, the less you will be concerned about all of those things. Yoga is a sign of good health. Although you have to suffer for your past karma, it still depends on yoga too. It shouldn't be: I want such-and-such a thing. Sannyasis never ask for anything. They have the power of yoga. Those who have yoga with the elements also have that strength. The religious sannyasis who remain naked control themselves with drugs. That is *artificial*. Everything for you depends on yoga. You have yoga with the Father through which you receive a high status. Your deity religion has a lot of happiness. You are receiving shrimat for that. Those people don't receive God's directions. God comes and gives you directions. You receive such a huge inheritance. Your attainment is for 21 births. The Supreme Father, the Supreme Soul, comes and teaches you. However, children forget their Father. If you continue to have complete yoga then the vices of greed, attachment etc. will not harass you. They harass many: I want this, I want that! Those who are firm sannyasis don't have this. They simply accept whatever they are given through the window. Those who have total control over their physical senses will never take anything else. Some simply take whatever there is. It is the same here. In fact, it is good to conduct yourself according to whatever you receive from God's treasure-store. People have many desires. When their desires are not fulfilled they become lazy. Here, everyone has to become honest and faithful. End all desires. You children have to become very elevated. The Father makes you children make effort in every way so that you glorify the Father's name. Firstly, stay in yoga, imbibe knowledge and inspire others to do the same. The Ganges has to flow. Explain to people what true yoga is. God is everyone's Father; Krishna is not God, the Father. The Father says: Now remember Me and I will give you the inheritance of peace and happiness. It is such an easy matter! The arrow doesn't strike someone because there is one weakness or another. There is plenty of service to do. People have time when they go to the cremation ground. If you children are sensible, you are interested in doing *service* and you don't have any vices, you can go there and explain. Tell them: Remember the one Father for by doing this you will receive the fruit, that is, the inheritance. What do the sannyasis, hatha yogis and gurus give you? Whatever teachings they give you are

for temporary happiness. All the rest simply continue to give sorrow, whereas this Father shows you the path to constant happiness. The Father says: Now remember Me! Destruction is just ahead. If you remember Me you will become the masters of heaven. You have to remain pure. You have to give invitations. Day by day, the *points* are made very easy for you. In the big cities, many people go to the cremation grounds. Very good *service* can be done at the cremation grounds. Some children say that they don't have time. OK, take time off and go there. There is a lot of benefit in doing *service*. Destruction is to take place. There will be *earthquakes* and *dams* will burst elsewhere. Many calamities are going to come. Those who have knowledge will continue to *dance*. At the end, only *serviceable* children will be able to remain as stable as Hanuman. Some are such that they will die just on hearing the explosion of the *bomb*. Hanuman is just an example of one, but there will of course be 108 such strong ones. That strength will be developed by doing *service*. The Father says: Children, claim a high status through *service*, so that you don't have to repent at the end. This is why you are told in advance to claim a high status. It is very easy to explain to anyone. You can also go and explain to the people in the temples. Who gave them their kingdom? They would immediately say, God. Ask people who gave them their wealth and they will immediately say "God!" Explain to them how God gave wealth to Lakshmi and Narayan. By knowing the Father, you too can attain that status. Come and I shall explain to you, or you can come this *address* to understand more. You don't have to offer any money etc. here. You children have all the secrets in your intellect. Who gave Lakshmi and Narayan and Sita and Rama their kingdom? They must definitely have received it from God. The sun and moon dynasty kingdoms are being established. You have had visions of how Lakshmi and Narayan hand over the kingdom to Rama and Sita. Lakshmi and Narayan receive it from God; you can at least explain this much! These things are very easy and very sweet. Tell them: The Father is the Highest on High. Do you know that Supreme Father, the Supreme Soul? Baba says: Constantly remember Me alone! Krishna cannot be called Baba. Krishna claimed that status in his previous birth through Raja Yoga. *Note* down such *points* so that you don't forget them. When people have to remember something, they tie a knot. You too simply tie a knot for two things. Simply continue to relate these two things to others: The Father says: Manmanabhav, madhyajibhav! (Constantly remember Me alone and also remember the one in the middle (Vishnu), your aim and objective.) You can also do a lot of service through the exhibitions. The Father has told us to give everyone the message. Renounce all bodily religions... You were a soul, alone. Now, remember Me, the parlokik Father, and your sins will be absolved and you will come to Me. Become pure in this final birth. If you want to go to the land of immortality, remember Me. Simply do the business of explaining this. You have been stumbling around performing devotion for half the cycle. Give everyone this message in this birth. You can also beat drums about what Baba is saying. Baba's *message* has to be given. The Father says: Remember Me! If you want to understand more, you can come and do so. You can do a lot of *service*. All the expenses can be paid for. You can cook for yourself. You can do *service*. There is a lot of *scope* for *service*. However, if it is not in someone's fortune, what can one do? The personality is also seen. Baba says: OK, I shall prepare a *kit-bag* for you, so that you can go and explain even a little to someone every day. Baba has come to grant the fruit of devotion. He says: Children, now become bodiless and return home. Therefore, remember Me and you will reach your karmateet stage. Baba *guarantees* that you will become the masters of heaven. Many will receive the message. You can go and serve your own villages, or go outside and do service. Expenses will be paid. Someone should at least do *service* and practically demonstrate this. Even if you remain at work, a lot of *service* can be done. Do your business for 8 hours, rest for 8 hours and even then, there is a lot of time. If someone serves with honesty for even one hour he can claim a very good high status. Go around everywhere, but you need to be fearless. First of all tell them: I am not a *beggar*. I have come to show you the path to God. I have been given this order, and so only after giving you this great mantra of just one minute will I leave. This is the life-giving herb. I have come to give you Baba's message. The Father says: Constantly remember Me alone! There is a lot of *service* to do, but if you are body conscious, the arrow will not strike anyone. Remain honest with the Father. It shouldn't be that you continue to remember your friends and relatives. "I want this. I want that." You mustn't ask for anything. You cannot accept anything

from anyone. You cannot eat anything prepared by others. We eat what we have prepared ourselves. You will receive a lot of strength by eating that which you have prepared yourself. However, no one makes that much effort. Maya is very powerful. The illness of body consciousness goes away with great difficulty. It takes a lot of effort. When some are unable to stay in yoga, they stop cooking anything for themselves. OK, you can stay in yoga and eat that. A lot of effort is required to create the stage of soul consciousness. Go to the big spiritual gatherings and explain just one thing: God speaks: Constantly remember Me alone and you will go to heaven. Bharat was heaven. To become a master of the world requires great effort. It is a high status. It is not a big thing to become one of the subjects. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

Essence for dharna:

1. Become as unshakeable and immovable as Angad. Make time and definitely do *service* with honesty and fearlessness. A lot of strength will be received by doing service.
2. In order to be saved from the illness of body consciousness, eat your food whilst being very *yogyukt*. If possible, prepare the food yourself or only take pure food.

Blessing: May you be full of the fragrance of spirituality and experience God's love by remaining beyond all limitations.

Just as a rose is detached and fragrant while amid thorns, and doesn't get spoilt because of the thorns, so too, spiritual roses, who are beyond all limitations, that is, who are detached from the body, are never influenced by anyone. They remain full of the fragrance of spirituality. Such fragrant souls become loved by the Father and the Brahmin family. God's love is unending and unshakeable. There is so much of it that everyone can attain it. However, the way to attain it is to remain detached.

Slogan: In order to experience the subtle stage, remain beyond gross motives and feelings.

*** OM SHANTI ***